# Southern St. Louis County LAC

## Meeting Minutes

02/16/2023

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| Present: | Alison Shulstad  Taylor Soghigian\*  Rochelle Koehne  Roger Raymond Jr  Sonju Wildwood  \*- Facilitator  \*\*- Guest |
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1. Welcome and check-in
2. Last Meeting Recap

* Co-Parenting Counseling- Co-parenting through divorce. Providing services to kids as well.
* Survey- Focus around families with children. Focus groups. Parents and older children. Support system for teachers. How is support doing from schools? How is Mental Health being taken care of at school? Using private agencies and bringing them back into the schools.
* TACT and ACT Brochure.
* Reach out to Arrowhead regarding what they are doing for focus groups in schools. Crisis lines. Focus on kids.
* Contract with agencies.
* Increase of kiddos in the ER.
* Subcommittee. Reach out to Taylor if interested in focus groups.
* Taylor and anyone else who is interested going back through the survey and seeing what questions to put in. Reaching out to daycare providers as well.
* Connecting with Public Health in the county.

1. Finalizing Focus of the Year

* Enhancing the survey

1. New Member Committee Information

* Application is still out on the website. If you know of anyone who would like to join please encourage them to apply.
* Put things onto social media to get more people interested
* Speak to a county rep to put the application in the for front on the website.
* Reaching out and seeing if the survey can go out to Amberwing.
* Google form and then a printable version.

1. Check-out and action items for next meeting

* Have people from Public Health come in and talk about the survey

Action Items:

**Meeting Adjourned at 5:45pm**

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| **Next meeting:** | **March 16th 2023**  **5:00pm-6:30pm** |