

## Local Advisory Council (LAC) – North

St. Louis County

09/21/2023

**Present:** Howard Anthony, Jennifer Rich, Melissa Brusacoram, Blair Smith, Joseph Laufeia, Macy Viita, Brenda Shafer-Pellinen, Emily (guest), Lacy Podlogar, Colleen Davern, Tod Swenson.

**Absent:** Heather Kainz, Katrina Broten, Katy Lofquist, Linda O’Neil Deremee, Samantha Stocco, Dana Stroschein.

- Blair read the values from the By-Laws.
- May and August Meeting Minutes were approved.
- Group sharing, on someone that they admire, and introductions of members.

### Mental health forum planning discussion:

- People we should invite:
  - Head of ER- Melissa will talk to Tanya Varda
  - Police Chief – Howard will invite Chief in Gilbert. Melanie will send invite to Chisholm and Hibbing chiefs.
  - Dean of Students- Colleen will extend an invitation to ERATS dean. Melissa will share with the dean in Chisholm,
  - Melissa and Howard will invite Vema.
  - Looking for others to reach out to MACCSSA and NAMI
- Survey link is currently live on the LAC webpage. We already have three submissions. Brenda will put them together, in a folder, and we can look at them closer to the date. They are being emailed to Brenda and she will compile them. Blair asked if it would be feasible to have a few board members have access to them. Brenda suggested having a deadline date to review. 2 weeks prior was suggested. Oct 5<sup>th</sup> was tentatively set as a meeting date. Looking for volunteers to be on a sub committee to review. Can get together on the 9<sup>th</sup> with choices. Time was set at 11:30 on October 9<sup>th</sup> with Blair, Howard, Todd and possibly Melissa or Colleen.
- Posting to Eventbrite - Colleen suggested adding the forum to the site.
- Radio submissions – Blair will send them out to stations online.
- **SLC joined the meeting at 5:00** to discuss the upcoming forum. Susan Vitulli introduced herself along with Brandi Webb, CMH and Nicole Curphy, CFS supervisor.
  - Brandie Webb inquired what SLC can do to help with planning the forum.
  - Brandie said the county can ask to have the invitation sent out to multiple media outlets.
  - PHHS will have a table set up with information on programs (ex. CMH, ESS, AMH, APS, Elderly services)

- Blair brought up handouts. Melanie inquired if it would be possible to prepare the handouts for the attendees (agenda and prior year recommendations) Susan V said she did not see that being a problem but will inquire.
- Melissa will reach out to friend at 218 studios about recording. Discussion about not recording audience, just presenters. Might want to post on the door that the event will be recorded.
- Facebook live might be an option.
- Lacy will be handling the hospitality planning (coffee/snacks). Gena B from SLC will be reaching out to coordinate with Lacy.
- The agenda needs to be established. Gina asked Brandie to see if we need any assistance.
- Should we have a resource table with all different info. Reach out to places to get them to send in pamphlets and info.
  - Susan suggested “Resourceful” online site that has resources.
  - Joseph shared that he has a big binder that he goes to with all the resources. He will make a copy for us.
- Howard will reach out to RMH to see if they will table.
- Colleen will reach out to LSS to see if they will table.
- Brandy Webb said that SLC will table with CMH and AMH
- Jen will see if they could set out 8 tables for those that want to table.
- Tod will do the introduction at the Forum, discussing the origin of our LAC and the mission.

Meeting adjourned at 6:00